

Personal Powerful Manifestor! Workbook

Use this 7 day journal to ***ACHIEVE YOUR LIFE GOALS NOW***- no more feeling stuck, no more shoulda's, it's time to ***ACHIEVE YOUR LIFE GOALS NOW***.

Instructions:

Allow the magic wand to put you in the place of having everything you need to get started. Imagine 24 hours have passed from this very second.... It's a new day...you awaken... and the money you needed, the time you needed, the resources you needed.....they are here, **everything you need** in order to ***ACHIEVE YOUR LIFE GOALS NOW***, you have now, right now.....What is the very 1st thing you'd do? ...now that you have everything you need to ***ACHIEVE YOUR LIFE GOALS NOW***.

Feel free to make adjustments, adding words, taking words away...the key is as you **complete this workbook**, you can say to yourself **I feel good**, **I feel powerful**, **I feel connected** to my LIFE GOALS, my passion, my life.



I, _____, am an
awesome _____. It is my
purpose. It is who I am. I live with this wonderful creativity
everyday. My talents, strengths and abilities make me a great
_____. The right contacts and
sources are coming to me and I have the talents, strengths and
abilities to
ACHIEVE MY LIFE GOALS NOW.

I Praise GOD for **my** talents, strength and abilities as an awesome _____
_____. I have GOD given abilities that allow me to
_____ that so many people benefit from using. This is a
natural extension of my talents, strengths and abilities. I deserve success and I'm so
grateful and excited about the wonderful contacts and sources that are helping me
ACHIEVE MY LIFE GOALS NOW!

God I thank you today for.....

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____
7. _____
8. _____
9. _____
10. _____

**YOU
DECIDE**

Today's Date: _____

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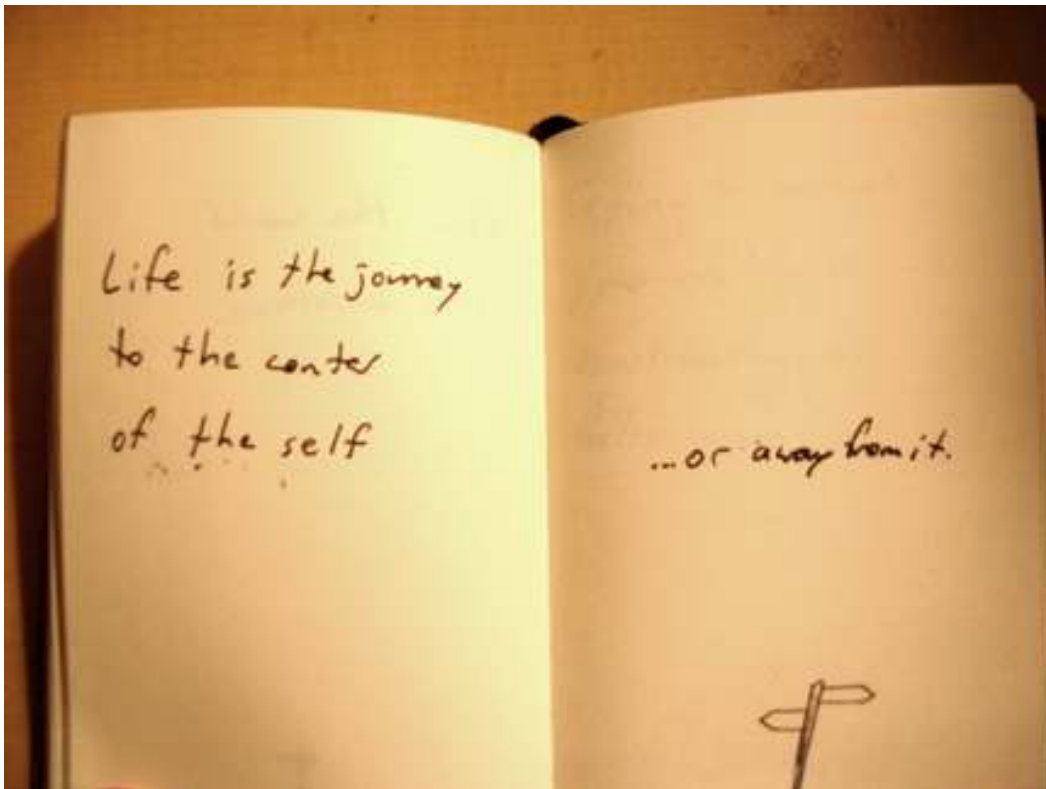


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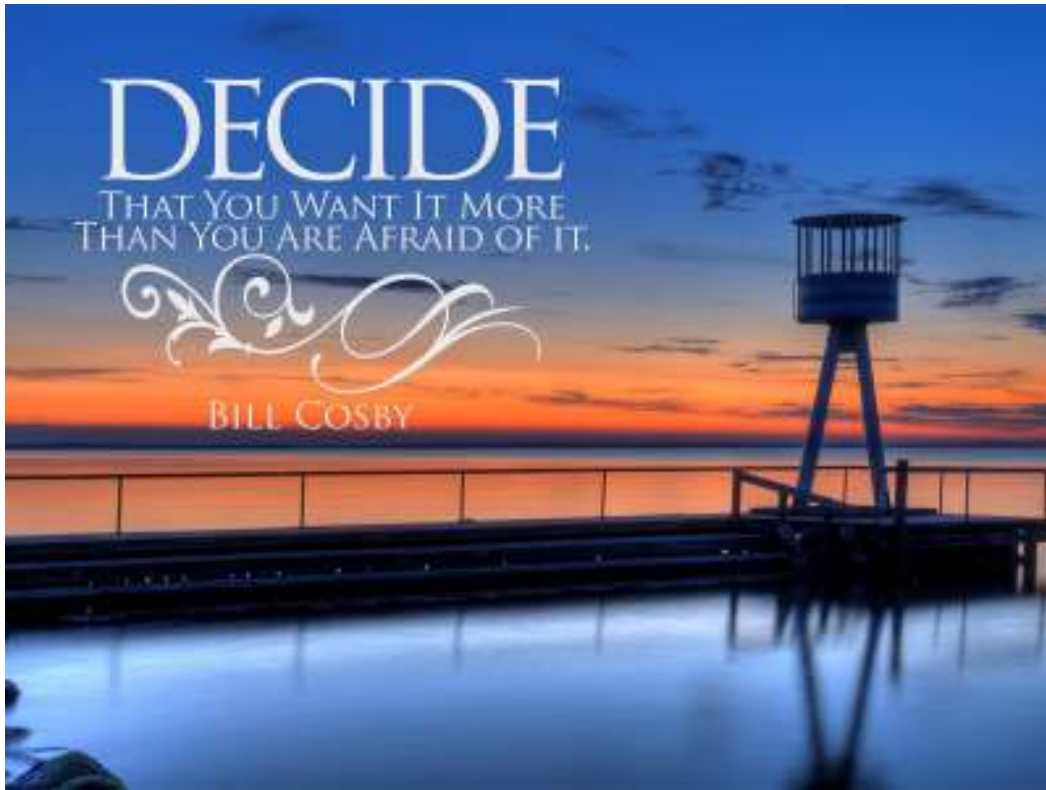


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In your own words, record your personal feelings about your life as an awesome. _____ **On the next page** Print your name in the box, complete the commitment form, and put it in a prominent place where you will see it regularly.



COMMITMENT TO SELF

I hereby commit to ***ACHIEVING MY LIFE GOALS NOW!***

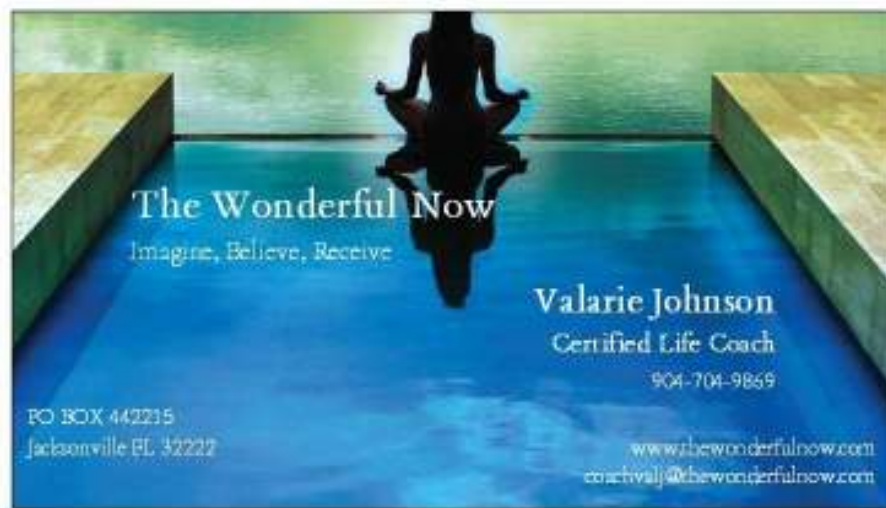
I trust GOD and I believe in my God given strengths, talents and abilities. Being an awesome _____ is my passion, my purpose and the way to create the life of my dreams, for my family, for me, and for all those that I love. I believe that "IT IS ACHIEVABLE" and now, I can easily and confidently take action now. Thank you GOD!

Date

Signature

Witness

The Complementary Success Session



What is the Complementary Success Session and how will I receive benefit from participating?

The main reason for participating in a coaching session of any kind is to gain a clearer understanding of what you wish to be, do and have. When you begin to think for a moment of your life goals, life dreams and life passions, are you headed in the direction of fulfillment? Do you have an easily implementable roadmap? Are you stuck, unable to determine your next steps?

Life Coaches assist you in answering those questions and co-creatively developing a focused roadmap to your success.

The Complementary Success Session is your first step in the right direction!

The key points of your Complementary Success Session include:

1. An opportunity for you to experience the coaching process
2. Value exchange through 1-1 consultation. The session is completely devoted to you. It really is about you!
3. Gain clarity around the direction you wish to explore, in order to create and live your Ideal Life!

Thank you for deciding to participate in the Complementary Success Session. I'd like to ask you to complete a short exercise prior to our session. Email coachvalj@thewonderfulnow.com to schedule your session.

Please take 20 minutes or so reviewing and answering the following questions.(type or write in blue boxes) We'll discuss these questions, and more, during our session. I'd like to ask you to email your completed questions prior to our scheduled meeting. Please email to coachvalj@thewonderfulnow.com **subject line: Success Session**

Name:

Date:

1. If you were clear about what you most wanted in your life right now and asked for it, what would you ask for?

What are the 3 most important things/events that would need to occur in the next year for you to feel wonderful about your life? What exactly would make you exclaim WOW!

1.

2.

3.

WOW:

2. Looking at the 3 things/events from the number one, how would you feel if you achieved them?

3. What do you believe has been holding you back? What has kept you from achieving these things? What challenges and obstacles are you currently facing?

4. How would you feel in nothing changes and you don't achieve any of things in the next year?